



Expecting a Baby?

Get the Support You Need – Right at Your Fingertips!



Download the Pregnancy+ App Today!

Now available for **FREE** to all Arkansas moms, the **Pregnancy+ app** is your go-to guide for a **healthier, more confident** pregnancy and early motherhood.

Why Download Pregnancy+?



Personalized Pregnancy Tracking

Follow your baby's growth and development with interactive 3D models.



Audio and Video Courses

Learn from health professionals on topics that matter to you.



Expert Advice at Your Fingertips

Access over **800 articles** on pregnancy, birth and newborn care.



Easy-to-Use Tools

Track appointments, kick counts, contractions and more!



Exclusive Arkansas Resources

Connect with **local** maternal health services, early childhood programs and support networks. Plus, learn how to sign up for Medicaid, WIC and more.

A Healthier Pregnancy Starts Here!

Arkansas moms deserve the **best support** – and it's now **FREE**. Download **Pregnancy+** today and take charge of your journey to motherhood!

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