

By: Representative M. Gray

HOUSE RESOLUTION
TO RECOGNIZE NATIONAL WEAR RED DAY.

Subtitle
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WHEREAS, cardiovascular disease kills 1 in 3 women in the United States, yet up to 80 percent of cardiovascular disease can be prevented; and

WHEREAS, cardiovascular disease and stroke kill 1 woman every 80 seconds in the United States; and

WHEREAS, an estimated 44 million women in the United States are affected by cardiovascular disease; and

WHEREAS, 90% of women have 1 or more risk factors for developing cardiovascular disease or stroke, yet only 1 in 5 women believe cardiovascular disease is among their greatest health threats; and

WHEREAS, women are less likely to call 911 for themselves when experiencing symptoms of a heart attack than they are if someone else is having a heart attack; and

WHEREAS, only 36% of African-American women and 34% of Hispanic women know that heart disease is their greatest health risk, compared with 65% of Caucasian women; and



WHEREAS, the American Heart Association's Go Red For Women movement encourages women to learn their family histories and to meet with healthcare providers to determine their risks for cardiovascular disease and stroke; and

WHEREAS, women involved with the Go Red For Women movement live healthier lives; and

WHEREAS, the Go Red For Women movement encourages women to take control of their heart health by knowing and managing their total cholesterol, HDL cholesterol, blood pressure, blood sugar, and body mass index; and

WHEREAS, the American Heart Association observes the entire month of February each year as American Heart Month to raise awareness of the importance of the ongoing fight against cardiovascular disease and stroke,

NOW THEREFORE,

BE IT RESOLVED BY THE HOUSE OF REPRESENTATIVES OF THE NINETY-SECOND GENERAL ASSEMBLY OF THE STATE OF ARKANSAS:

THAT the House of Representatives recognize the month of February 2019 as American Heart Month in Arkansas, recognize January 31, 2019, as Wear Red Day in Arkansas, and urge all Arkansans to show their support for women and the fight against cardiovascular disease by commemorating this day by wearing the color red.