

**Title 17. Professions, Occupations, and Businesses**  
**Chapter LXXIII. State Board of Examiners of Alcoholism and Drug Abuse**  
**Counselors, Department of Health**  
**Subchapter A. Generally**  
**Part 392. Scope of Practice**

**Codification Notes.** This part as promulgated prior to codification into the Code of Arkansas Rules provided as follows:

"RULE 3 SCOPE OF PRACTICE"

**Subpart 1. Generally**

**17 CAR § 392-101. Purpose.**

This part is intended to:

- (1) Provide a definition of a professional alcoholism and drug abuse counselor's rights and responsibilities; and
- (2) Distinguish this profession from other behavioral healthcare professionals.

**Authority.** Arkansas Code § 17-27-406.

**17 CAR § 392-102. Introduction.**

Alcohol and other drug abuse counseling is the application of general counseling theories and treatment methods adapted to specific alcohol and drug theory and research, for the express purpose of treating persons with alcohol and other drug problems and persons with co-occurring psychiatric disorders within our diverse society.

**Authority.** Arkansas Code § 17-27-406.

**17 CAR § 392-103. Foundations for alcohol and drug abuse counseling.**

The practice of alcohol and drug counseling is based on the following knowledge:

- (1) Pharmacology and psychopharmacology of alcohol and drugs (drugs of abuse and drugs used in the treatment of addictions and other psychiatric disorders);
- (2) Addiction processes, including:
  - (A) Models and theories of addiction;
  - (B) Social and cultural context of addiction;
  - (C) Biological, psychological, and social effects of addiction; and
  - (D) The differentiation and interrelations of addiction from other medical and psychological conditions;
- (3) Various treatment models and methods, including:
  - (A) Models of treatment;
  - (B) Relapse prevention and continuing care;
  - (C) Impact of treatment on problems associated with addiction;
  - (D) Co-occurring psychiatric disorders; and
  - (E) The importance of community, social, family, and self-help systems;
- (4) Practical application, including:
  - (A) Use of interdisciplinary approaches and teams in treatment;
  - (B) Assessment and diagnostic criteria;
  - (C) Appropriate use of treatment modalities;
  - (D) Adapting treatment strategies to a patient's individual characteristics and needs; and
  - (E) The use of other resources in securing the best available services for the patient; and
- (5) Professional standards of practice, including:
  - (A) Recognizing the needs of diverse populations relating to issues of:
    - (i) Ethnicity;
    - (ii) Race;
    - (iii) Gender;
    - (iv) Sexual orientation;
    - (v) HIV/AIDS; and

- (vi) Co-occurring psychiatric disorders;
- (B) Adherence to ethical and professional standards of conduct;
- (C) Commitment to continuing education and clinical supervision;
- (D) Awareness of policies and procedures for patients and staff safety;
- (E) An understanding of etiology, treatment, and prevention; and
- (F) The clinical application of current research in alcohol and drug

treatment.

**Authority.** Arkansas Code § 17-27-406.

**Codification Notes.** "HIV" means human immunodeficiency virus.

"AIDS" means acquired immunodeficiency syndrome.

**17 CAR § 392-104. Scope of practice.**

(a) The practice of alcohol and drug abuse counseling consists of the activities listed below.

(b) The practice of these activities will conform to the individual's level of training, education, and supervised experience.

(c) Clinical evaluation of drug and alcohol issues:

- (1) Screening of alcohol and drug problems;
- (2) Assessment of alcohol and drug problems;
- (3) Screening for the presence of other psychiatric disorders; and
- (4) Diagnosis of alcohol and drug problems.

(d) Treatment planning:

- (1) Case management;
- (2) Implementing the treatment plan;
- (3) Consulting;
- (4) Continuing assessment and treatment planning;
- (5) Referral;

- (6) Cultural diversity; and
- (7) Patient advocacy.
- (e) Counseling:
  - (1) Individual counseling;
  - (2) Group counseling; and
  - (3) Family counseling.
- (f) Education and prevention:
  - (1) Patient;
  - (2) Family; and
  - (3) Community.
- (g) Documentation.
- (h) Professional and ethical standards.

**Authority.** Arkansas Code § 17-27-406.